



## AGREEMENT FOR CONTROLLED SUBSTANCE MEDICATIONS

The use of certain medications including, but not limited to, control stimulants and anti-anxiety medications, may cause addiction and is only one part of the treatment program.

The goals of this medicine are to improve my overall wellbeing without causing dangerous side effects.

### **I have been informed:**

1. If I drink alcohol or use street drugs, I may not be able to think clearly and I could become sleepy and risk personal injury.
2. I may get addicted to this medicine.
3. If I or anyone in my family has a history of drug or alcohol problems, there is a higher chance of addiction.
4. If I need to stop this medicine, I must do it slowly or I may get very ill.

### **I agree to the following:**

- I am responsible for my medicines, I will not share, sell or trade my medicine. I will not take anyone else's medicine.
- I will not increase my medicine until I speak to my doctor or nurse.
- My medicine **will not** be replaced if lost, stolen, or used prior to refill date.
- I will keep my appointments set by my mental health provider.
- I agree to give a blood or urine sample, if asked, to test for drug use.

**Refills**

I am aware of the refill policy and will adhere to it.

I must keep track of my medications. **No early or emergency refills** will be made.

**Pharmacy**

I will only use one pharmacy to fill my medicine. My doctor may talk to the pharmacist about my medications.

**Prescriptions from other Doctors**

If another doctor prescribes me a controlled substance, I must report this to my provider.

**Termination of Agreement**

If my doctor concludes that this medication is no longer helpful in our treatment goals, this medication can be stopped slowly and safely under the doctor's supervision. If I do not follow the above policies during treatment, the doctor reserves the right to terminate me as a patient.

Patient \_\_\_\_\_

Patient/Guardian \_\_\_\_\_

Date \_\_\_\_\_